

## Procalcitonin (PCT) Interpretation Guide (per manufacturer package insert)

## **RISK OF SEPSIS**

| PCT           | Interpretation             | Further Options   |  |  |
|---------------|----------------------------|---|--|--|
| Concentration |                            |   |  |  |
| PCT ≤ 0.5     | Systemic infection         | Low risk for progression to severe infection (severe sepsis |  |  |
| ng/mL         | (sepsis) is not likely.    | / septic shock).  |  |  |
|               |                            |   |  |  |
|               | Local bacterial infection  | Caution: PCT levels below 0.5 ng/mL do not exclude an       |  |  |
|               | is possible.               | infection, because localized infections may be associated   |  |  |
|               |                            | with such low levels.                                       |  |  |
|               |                            |   |  |  |
|               |                            | If PCT is measured very early after a bacterial challenge   |  |  |
|               |                            | (usually <6 hours), these values may still be low. In this  |  |  |
|               |                            | case, PCT should be re-assessed 6-24 hours later.           |  |  |
| PCT > 0.5 and | Systemic infection is      | Moderate risk for progression to severe systemic            |  |  |
| ≤ 2.0 ng/mL   | possible, but other        | infection (severe sepsis / septic shock).                   |  |  |
|               | conditions are known to    |   |  |  |
|               | elevate PCT as well.       | The patient should be closely monitored both clinically     |  |  |
|               |                            | and by re-assessing PCT within 6-24 hours.                  |  |  |
| PCT > 2.0     | Systemic infection         | High risk for progression to severe systemic infection      |  |  |
| ng/mL         | (sepsis) is likely, unless | (severe sepsis / septic shock).                             |  |  |
|               | other causes are known.    |   |  |  |

## ANTIBIOTIC USE FOR PATIENTS WITH SUSPECTED OR CONFIRMED LOWER RESPIRATORY TRACT INFECTION

| Initial PCT Value  |  |  |  |  |  |
|--|--|--|--|--|--|
| PCT Concentration  | Antibiotic Use Recommendation  |  |  |  |  |
| PCT ≤ 0.10 ng/mL   | Antibiotic therapy strongly discouraged                                  |  |  |  |  |
| PCT 0.10 – 0.25 ng/mL  | Antibiotic therapy discouraged   |  |  |  |  |
| PCT 0.26 – 0.50 ng/mL  | Antibiotic therapy encouraged; repeat daily for 3 days to consider early |  |  |  |  |
|  | cessation  |  |  |  |  |
| PCT > 0.5 ng/mL  | Antibiotic therapy strongly encouraged; repeat daily for 3 days to       |  |  |  |  |
|  | consider early cessation   |  |  |  |  |
| Antibiotic therapy may be discontinued if the current PCT value is ≤ 0.25 ng/mL or the change in |  |  |  |  |  |
| PCT is > 80%   |  |  |  |  |  |

## ANTIBIOTIC DISCONTINUATION FOR PATIENTS WITH SUSPECTED OR CONFIRMED SEPSIS

Antibiotic therapy may be discontinued if the current PCT value is ≤ 0.50 ng/mL or the change in PCT is > 80%