

## For Labor:

- Lip balm
- Extra pillows (your own may be more comfortable)
- Object for focal point
- Music/movies
- List of names and phone numbers, cell phone charger

## After Delivery:

- Pajamas and bathrobe (if you prefer your own)
- Slippers
- Nursing Bra (if breast feeding)
- Bathroom items (shampoo, conditioner, toothbrush, toothpaste, brush/comb, etc.) if you prefer your own or they can be provided
- Loose/comfortable clothing to wear home (about what you were wearing at 6 months pregnant)

## For Baby:

- Baby book
- Outfit for web picture/outfit for going home
- Blanket and outer wear for going home
- Car seat-rear facing is required for infants under one year of age.

**If you think you are in labor, please enter through the emergency dept.**

**If you're here for an appointment you can come to main entrance.**

## Important Numbers:

**Main Hospital:** 920.623.2200, if you feel you are in labor please call the Main hospital number and ask to speak with the OB nurse.

**OB Dept.:** 920.623.1290

**Dr. Hansen:** 920.623.1200

**Dr. Kaldor:** 920.623.1200

**Dr. Minier:** 920.623.1200

**Dr. Bryan:** 920.623.1200

**Dr. Torres:** 920.623.9535

**Dr. Larson:** 608.819.8544

### PRAIRIE RIDGE HEALTH LOCATIONS

[www.PrairieRidge.Health](http://www.PrairieRidge.Health)

**Hospital**  
1515 Park Ave  
Columbus, WI 53925  
920.623.2200

**Columbus Clinic**  
1515 Park Ave  
Columbus, WI 53925  
920.623.1200

**Beaver Dam Clinic**  
118 W Maple Ave  
Beaver Dam, WI 53916  
920.356.1000

**Marshall Clinic**  
301 W Main St  
Marshall, WI 53559  
608.655.8181